

**REGISTER
TODAY!**

MICHIGAN FAMILY MEDICINE CONFERENCE & EXPO



JULY 17-19, 2026 MACKINAC ISLAND

 FAMILY MEDICINE FOUNDATION OF MICHIGAN

 **MAFP**

CONFERENCE PROGRAM

You Are Invited!

You're invited to join us at the Michigan Family Medicine Conference & Expo, July 17-19, 2026. As president of the Family Medicine Foundation of Michigan, I encourage you connect with your family medicine 'family', colleagues and peers and there is no better place to do that than at The Grand Hotel on Mackinac Island.

Advocacy, Community and Connection, and Practice Support are the association's three strategic pillars that guide our work as we strive to fulfill our mission to serve Michigan's family medicine physicians, residents, and students. You will find these themes reflected in the excellent continuing medical education program including keynote, plenary and breakout sessions covering a broad variety of timely clinical, practice management, and advocacy topics (pages 5–11).

The agenda includes two exciting keynote speakers including **Sarah Nosal, MD, FAFAP, President, American Academy of Family Physicians (AAFP)** and **Renee Crichlow, MD, FAFAP, Chief Medical Officer at Codman Square Health Center**.

Plan to arrive by Thursday afternoon to participate in a new opportunity in 2026, the Situation Room, sponsored by Pfizer, where attendees will participate in peer-to-peer learning and sharing based on a simple clinical scenario. The goal is not to solve the case, but to discuss the approach.

Take full advantage of connecting with your community at the other special conference events including the Family Medicine Expo and Welcome Reception and the Family Medicine VIP Afterglow on Friday, July 17, and the President's Reception on Saturday, July 18.

Whether you're looking to further your family medicine knowledge and earn CME, celebrate personal and collective successes, rest and recharge with family and friends, or a little bit of everything, we encourage you to join us at The Grand Hotel and Mackinac Island in July 2026! We can't wait to host you and look forward to the collective impact we can achieve together.



Sincerely,

Beena Nagappala, MD, MPH, FAFAP

President, Family Medicine Foundation of Michigan



Ferry Rates

Shepler's Ferry (sheplersferry.com) is offering conference attendees discounted ferry rates from Mackinaw City and St. Ignace.

Tickets can be purchased online or in-person. Pre-purchasing online is recommended to avoid lines. Use discount code **07FAMMED26**. Discounted round trip rates are \$32 per adult and \$21 per child (ages 5-12) plus a \$2 per person booking fee; children 4 and younger travel at no charge.

Scan the QR code to access the ferry schedule.



AGENDA KEY

- CME** Continuing Medical Education credit(s)
- CME+** State-mandated Continuing Medical Education
- \$** Optional event requires pre-registration and payment of an additional fee
- CL** Clinical
- PM** Practice Management

EARN CME

AAFP Prescribed Credits: The AAFP has reviewed 2026 Michigan Family Medicine Conference & Expo, and deemed it acceptable for AAFP credit. Term of approval is from 07/17/2026 to 07/19/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMA PRA Category 1 Credit(s)[™] / AOA 1A Credits: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Osteopathic Family Physicians (ACOFF) and the Michigan Academy of Family Physicians. ACOFF is accredited by the ACCME to provide continuing medical education for physicians.

ACOFF designates this live activity for a maximum of 14.5 **AMA PRA Category 1 Credits[™]**. Physicians should claim only the credit commensurate with the extent of their participation in the activity. ACOFF is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. ACOFF designates this live activity for a maximum of 14.5 **AOA Category 1-A credits** and will report continuing medical education (CME) credits commensurate with the physician's participation in this program.

Schedule At-A-Glance

Subject to change.

THURSDAY, July 16 (Pre-Conference)

1:00 - 6:00 pm	Conference Registration & Information Desk Open
2:00 - 6:00 pm	KSA: Asthma (Additional Cost)
3:30 - 5:00 pm	Small-Group Case Discussions in AT/VTE Management Pfizer Situation Room

FRIDAY, July 17

8:00 am - 6:00 pm	Conference Registration & Information Desk Open
8:00 - 9:00 am	New Physician Welcome Breakfast
9:15 - 10:15 am	A) Clinical Care for Immigrant and Refugee Patients Across Michigan B) Identifying Pediatric Rashes Across Skin Tones
10:30 - 11:30 am	A) Contraception Updates for the Family Physician: Evidence, Equity, and Emerging Options B) Update on Vector-Borne Diseases
12:00 - 1:00 pm	Lunch Product Theater with Axsome Therapeutics
1:15 - 2:45 pm	A) OMT for all Physicians: Neck, Upper Back, Shoulder, and Rib Pain B) Beyond the Margins: Caring for LGBTQIA+ and BIPOC Patients in Family Medicine
3:00 - 4:15 pm	Necessity of Action with Dr. Renee Crichlow KEYNOTE
4:15 - 6:15 pm	Family Medicine Expo and Welcome Reception
6:15 - 7:15 pm	Dinner Product Theater with Exact Sciences
8:30 - 9:30 pm	Family Medicine VIP Afterglow (Additional Cost)

SATURDAY, July 18

6:00 am - 5:30 pm	Conference Registration & Information Desk Open
6:30 - 7:30 am	The Fourth Trimester: An Update on Postpartum Care
7:30 - 8:15 am	Expo Hall Open
8:15 - 9:15 am	Artificial Intelligence & Family Medicine: Practical Insights for a KEYNOTE Changing Landscape with Dr. Sarah Nosal
9:15 - 10:00 am	Coffee Break Experience with Exhibitors
10:00 - 11:00 am	A) Charting a Clear Path Forward in Immunization Practice B) Beyond Testosterone: Psychosocial Impact, Missed Diagnoses, and Advances in Male Hypogonadism Management



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3

SATURDAY, July 18 (Continued)

11:05 am - 12:05 pm The Hidden Link: Uncovering Chronic Kidney Disease's Role in Cardiovascular Disease, sponsored by Medical Learning Institute

12:15 - 2:30 pm MAFP Annual Meeting and Lunch

2:40 - 3:40 pm A) Assessing Surgical Risk: A Family Medicine Approach to Perioperative Care
B) POCUS Image Review: Curated Quality Assurance from Real Family Medicine Cases

3:50 - 5:00 pm Advocacy in Action: Michigan Policy Updates Impacting Family Medicine

8:30 - 9:30 pm President's Reception

SUNDAY, July 19

6:30 - 11:35 am Conference Registration & Information Desk Open

6:30 - 7:30 am Integrating Medical Acupuncture into Clinical Practice

8:30 - 9:30 am Beyond the Smoke: A Practical Approach to Vaping & Tobacco Use

9:35 - 10:35 am Menopause: Evaluation, Diagnosis, and Treatment Options

10:35 - 11:35 am What's New and What Can I Do? Ten High-Yield Substance Use Disorder Updates for the Busy Family Physician

11:35 am Conference Concludes

FAMILY EVENTS

POOL TIME

FRIDAY, 10:00 AM - 6:00 PM

ESTHER WILLIAMS SWIMMING POOL



ICE CREAM SOCIAL

SATURDAY, 5:00 - 6:00 PM

EAST FRONT PORCH



To receive communications about family events and connect with other families at the conference, download the Group Me app and join the conference group.



AGENDA

THURSDAY, July 16 (Pre-Conference)

1:00 – 6:00 pm

Conference Registration & Information Desk Open

2:00 – 6:00 pm

CME

CL

\$

KSA: Asthma

The Asthma ABFM-developed KSA activity focuses on understanding and identifying the pathogenesis of asthma, diagnosing asthma, managing chronic asthma, recognizing, and managing co-morbidities of asthma, managing exercise induced asthma, and recognizing and managing complications of asthma therapy. | *Elizabeth 'Libby' Pionk, DO, FAAFP, Medical Director of Hospitalist Services, McLaren Bay Region (Bay City, MI)* | The AAFP has reviewed In-person KSA: Asthma and deemed it acceptable for up to 8.00 Knowledge Self-Assessment, Live AAFP Prescribed credits. Term of Approval is from 7/16/2026 to 7/16/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NEW

3:30 – 5:00 pm

Small-Group Case Discussions in AT/VTE Management | Pfizer Situation Room

CL

FREE
Limited Space

This session is sponsored by Pfizer. Snacks and refreshments provided by MAFFP.

Join us for interactive, small-group discussions tackling real-world challenges in atrial fibrillation and venous thromboembolism anticoagulation management (AT/VTE). This unbranded, non-promotional session is designed for open, peer-to-peer dialogue. These are interactive, practical, case-based discussions led by Pfizer experienced medical professionals. Each participant will receive a \$50 gift card for The Grand Hotel from the Family Medicine Foundation of Michigan, space is limited.

What to expect:

- A collaborative, case-based learning experience focused on patient care gaps, implementation barriers, and real-world clinical decision-making.
- Small-group discussions facilitated by Pfizer Field Medical Directors – credentialed professionals with extensive expertise in cardiovascular disease.
- A unique, engaging format. No formal presentations, just meaningful discussions with fellow family physicians facing similar challenges.
- This non-promotional session will provide a collaborative, case-based learning experience where attendees can share insights, discuss patient care gaps, and explore practical solutions across different clinical settings.

FRIDAY, July 17

8:00 am - 6:00 pm

Conference Registration & Information Desk Open

9:15 – 10:15 am

CME+

CL

A) Clinical Care for Immigrant and Refugee Patients Across Michigan

Explore the intersection of medicine, policy, and community health through the lens of family medicine during this engaging session. Learn practical tools that will strengthen your ability to provide culturally safe, trauma-informed care amid the complex structural and policy barriers facing immigrant and refugee populations. Participants will examine current health trends, evidence-based interventions, and advocacy opportunities to improve access, trust, and health outcomes. By integrating clinical care with systems awareness, family physicians can play a key role in advancing health equity. | *Sumaiya Islam, MD, Assistant Program Director, Henry Ford Hospital (Detroit, MI)* |

Contributes toward the State of Michigan's CME requirement for medical licensure for implicit bias.

B) Identifying Pediatric Rashes Across Skin Tones

CME+

CL

This case-based presentation uses side-by-side images to help clinicians recognize and manage common pediatric rashes across all skin tones. It includes practical approaches to treating acne and eczema in children with skin of color, with a focus on improving diagnostic confidence and equitable care. | *Michelle Gallagher, DO, Associate Professor, Department of Pediatrics, Michigan State University College of Osteopathic Medicine (East Lansing, MI)* |

Contributes toward the State of Michigan's CME requirement for medical licensure for implicit bias.



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5

AGENDA

FRIDAY, July 17

10:30 – 11:30 am

A) Contraception Updates for the Family Physician: Evidence, Equity, and Emerging Options

CME+ CL

Contraceptive care is rapidly evolving with new FDA approvals, expanded duration of use for existing methods, and the introduction of the first over-the-counter hormonal pill. This session will provide family physicians with an evidence-based update on modern contraceptive options, including hormonal, non-hormonal, and emergency contraception. Presenters will highlight best practices for equitable, patient-centered counseling through a reproductive justice lens. Attendees will leave with practical strategies to improve access, safety, and autonomy in contraceptive care for diverse patient populations. | *Ashley Erwin, MD, Clinical Faculty, Henry Ford Hospital (Detroit, MI); Emilyn Anderi, MD, Clinical Faculty, Henry Ford Hospital (Detroit, MI); and Kelita Fox, MD, Clinical Faculty, Henry Ford Hospital (Detroit, MI)* | **Contributes toward the State of Michigan's CME requirement for medical licensure for medical ethics.**

B) Update on Vector-Borne Diseases

CME CL

Join us as we review the most common vector-borne illnesses in the U.S. and abroad. You'll gain updated epidemiology, learn essential talking points to help patients minimize risk when traveling to high-concern areas, and explore treatment options you can put into practice right away. This session features engaging visuals and board-style questions to keep you on your toes. We'll cover tick-borne illnesses, as well as those transmitted by mosquitoes and fleas. It's an excellent session for clinicians who care for world travelers, or are travelers themselves, and want to be prepared for illnesses that may be endemic in destinations around the globe. | *Shirin Doshi, DO, Regional Medical Director of Utilization Review, University of Michigan Health - Sparrow and University of Michigan Health – West (Lansing, MI)*

12:00 – 1:00 pm

Lunch Product Theater with Axsome Therapeutics

CL

1:15 – 2:45 pm

A) OMT for all Physicians: Neck, Upper Back, Shoulder, and Rib Pain

CME+ CL

Neck and upper back pain are common and challenging diagnoses in family medicine, often requiring a multidisciplinary approach. This session demonstrates how Osteopathic Manipulative Treatment (OMT) can help DOs and MDs manage these conditions effectively. Participants will review key anatomy and biomechanics, explore differential diagnoses, and learn practical exam techniques to identify underlying causes. The session emphasizes translating findings into actionable treatment plans and integrating OMT into patient care and applying home exercises and stretches. By the end of this hands-on session, physicians will feel empowered to elevate their approach to neck and upper back pain management, thereby enhancing clinical practice. | *Brooke Lemmen, DO, Physician, University of Michigan Health – Sparrow (Lansing, MI) and Katrina Weirauch, DO, Physician, University of Michigan Health – Sparrow (Lansing, MI)* | **Contributes toward the State of Michigan's CME requirement for medical licensure for pain and symptom management.**

B) Beyond the Margins: Caring for LGBTQIA+ and BIPOC Patients in Family Medicine

CME+ PM

This session equips family physicians and primary care teams with practical tools that provide affirming, effective care for patients who hold intersecting LGBTQIA+ and BIPOC identities. Through data review, case discussions, and trauma-informed frameworks, participants will explore how systemic inequities and overlapping forms of discrimination shape health outcomes and patient trust. The presentation emphasizes practical, evidence-based strategies – such as inclusive language, updated intake processes, and culturally specific referrals – to make clinical environments safer and more welcoming. Participants will conclude the session by identifying one specific action they can take to promote equity and inclusion in their practice. | *Ashley Erwin, MD, Clinical Faculty, Henry Ford Hospital (Detroit, MI) and Emilyn Anderi, MD, Clinical Faculty, Henry Ford Hospital (Detroit, MI)* | **Contributes toward the State of Michigan's CME requirement for medical licensure for implicit bias.**

AGENDA

FRIDAY, July 17 (Continued)

3:00 – 4:15 pm | **KEYNOTE SESSION**

CME

PM

Necessity of Action

Necessity of Action examines why improving health outcomes requires changing the systems that shape care. Drawing on historical examples of transformative change, this keynote highlights how centering marginalized populations leads to stronger, more equitable outcomes for all. Family physicians will gain practical frameworks for advancing sustainable, system-level action that aligns clinical insight with broader population health impact. | *Renee Crichlow, MD, FAAFP, Chief Medical Officer at Codman Square Health Center (Boston, MA)*



**Renee Crichlow,
MD, FAAFP**

4:15 – 6:15 pm

Family Medicine Expo and Welcome Reception

Hosted by FMFM & MAFP Presidents

Reunite with colleagues, meet new friends, and introduce yourself to supporters of family medicine. Light hors' d'oeuvres will be served with an open bar. Plus enjoy music and Booth Bingo as you explore the exhibits.



*Bashar Yalldo,
MD, FAAFP
2025-2026 MAFP President*



*Beena Nagappala,
MD, MPH, FAAFP
2025-2026 FMFM President*

6:15 - 7:15 pm

Dinner Product Theater with Exact Sciences

CL

8:30 - 9:30 pm

Family Medicine VIP Afterglow

This exclusive event is a thank you to supporters for donations they have made to Family Medicine Foundation of Michigan and Family Medicine PAC between July 21, 2025, and July 17, 2026, to help advance the specialty in Michigan and support advocacy work. Desserts, drinks, and refreshments will be served. To donate, visit

mafpm.com/foundation or

mafpm.com/family-medicine-pac

Hosted by:



*Rachel M. Klamo,
DO, MS, FAAFP
FMFM Incoming President*



*Brandon Karmo,
DO, FAAFP
MAFP President-elect*



*Robert Jackson,
MD, MMM, FAAFP
FMPAC Incoming Chair*



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7

AGENDA

SATURDAY, July 18

6:00 am - 5:30 pm

Conference Registration & Information Desk Open

6:30 – 7:30 am

The Fourth Trimester: An Update on Postpartum Care **CME** **CL**

Nearly two-thirds of all maternal mortality occurs within the first year after childbirth. Family physicians are uniquely qualified to support patients during this period, as their training includes a deep understanding of pregnancy-related complications and the increased risks for ongoing medical conditions. This session will review common medical and mental health conditions that arise during the postpartum period and explore how family physicians can strengthen care for patients during this critical time. | *Heather Paladine, MD, FAAFP, Program Director, Assistant Professor of Medicine, Center for Family and Community Medicine, NY Presbyterian/Columbia Family Medicine Residency Program (New York, NY)*

7:30 – 8:15 am

Expo Hall Open

8:15 – 9:15 am | **KEYNOTE SESSION** **CME** **PM**

Artificial Intelligence & Family Medicine: Practical Insights for a Changing Landscape

Artificial intelligence (AI) and machine learning (ML) are rapidly entering the practice of family medicine—but what does that mean for clinicians, patients, and day-to-day workflows? This session provides a clear, accessible overview of AI and ML, how they are currently being used (and requested) in family medicine, and what physicians should be watching for as these tools expand. We will explore the benefits, risks, and practical considerations, highlighting where AI can genuinely help and where caution is warranted. Attendees will leave with a grounded understanding of AI's role in family medicine today and a realistic view of what's coming next.

| *Sarah Nosal, MD, FAAFP, President, American Academy of Family Physicians (New York, NY)*



Sarah Nosal, MD, FAAFP

9:15 – 10:00 am

Coffee Break Experience with Exhibitors

10:00 – 11:00 am

A) Charting a Clear Path Forward in Immunization Practice **CME** **CL**

Recent changes in immunization recommendations have created confusion and prompted the return of state and specialty-specific guidance. In this session, we will review the differences between these recommendations, examine relevant quality measures, and apply the guidelines to real-world cases to help physicians chart a clear path forward in immunizing their patient populations. | *David Walsworth, MD, FAAFP, Assistant Chair, Clinical Affairs and Associate Professor, Department of Family Medicine, Michigan State University College of Human Medicine (East Lansing, MI)*

B) Beyond Testosterone: Psychosocial Impact, Missed Diagnoses, and Advances in Male Hypogonadism Management **CME** **CL**

This presentation explores the diagnosis and management of male hypogonadism in the primary care setting, with a focus on distinguishing primary from secondary causes through appropriate clinical evaluation. Real-world cases will highlight common diagnostic pitfalls and suboptimal care. The session also addresses the psychosocial dimensions of hypogonadism, including the influence of sociocultural constructs of masculinity. Participants will gain practical guidance on the risks and benefits of testosterone therapy, including safe prescribing practices, patient monitoring, and long-term management strategies. | *Kevin Johnston, MD, Clinical Assistant Professor of Family Medicine at Michigan State University College of Human Medicine, Chair of Medical Staff Performance Improvement Committee and Vice Chair of Office-Based Medicine, Memorial Healthcare (Owosso, MI)*

AGENDA

SATURDAY, July 18

11:05 am – 12:05 pm

The Hidden Link: Uncovering Chronic Kidney Disease's Role in Cardiovascular Disease, CME CL
sponsored by Medical Learning Institute

Chronic kidney disease (CKD) is a major yet often underrecognized contributor to cardiovascular disease (CVD). This session will help family physicians identify and diagnose CKD earlier, apply updated evidence-based guidelines to individualized treatment plans, and integrate multidisciplinary, patient-centered approaches to managing CKD and related cardiovascular kidney metabolic (CKM) conditions. By addressing key gaps in early detection and coordinated care, attendees will be better equipped to improve outcomes for patients with or at risk for CKD and CVD. | *Jay Shubrook, DO, FAAFP, FACOFP, Professor and Director of Diabetes Services, Touro University California College of Osteopathic Medicine (Vallejo, CA)*

12:15 – 2:30 pm

MAFP Annual Meeting and Lunch

For a "how to" on writing and submitting resolutions to be voted on at the Annual Meeting, visit www.mafp.com/mafpa-annual-meeting. All MAFP members in good standing are eligible to submit resolutions (due to MAFP by May 18) and vote during the meeting.



2:40 – 3:40 pm

A) Assessing Surgical Risk: A Family Medicine Approach to Perioperative Care CME CL

This high-yield, clinically focused session covers perioperative medicine for inpatient and outpatient settings, with an emphasis on perioperative cardiovascular management guidelines relevant to family medicine. The session addresses risk-benefit assessment for common surgeries and procedures and presents a stepwise approach to help guide physicians' decision-making and facilitate an informed decision. | *Elizabeth 'Libby' Pionk, DO, FAAFP, Medical Director of Hospitalist Services, McLaren Bay Region (Bay City, MI)*

B) POCUS Image Review: Curated Quality Assurance from Real Family Medicine Cases CME CL

Point-of-care ultrasound (POCUS) requires real-time image interpretation, yet hands-on and asynchronous learning opportunities are often limited due to the small number of POCUS-trained family medicine faculty. Even when a POCUS champion exists at a facility, trainees or faculty may have minimal access to organized image portfolios. The University of Michigan Family Medicine Department's growing network of POCUS-performing physicians has enabled us to build a robust image bank used to teach common findings, classic pathology, pitfalls, and challenging cases. Join this rapid image review session to explore these cases and see how we train clinicians to interpret ultrasound images and improve image quality. | *Alexandra Targan, MD, Assistant Professor, University of Michigan (Ann Arbor, MI); Laurel Gutierrez, MD, Clinical Assistant Professor, University of Michigan (Ann Arbor, MI); Scott Kelley, MD, Clinical Assistant Professor, University of Michigan (Ann Arbor, MI)*

3:50 – 5:00 pm

Advocacy in Action: Michigan Policy Updates Impacting Family Medicine CME PM

Join this session for an all-encompassing update on legislative and regulatory changes in Michigan. We will highlight changes of the past year, MAFP's key role in the adoption of these changes, and happenings within the Michigan Board of Medicine and Michigan Board of Osteopathic Medicine and Surgery. We will examine bills that have been proposed in the current legislative session and assess how they may affect family medicine. We'll also discuss the efforts being made by professional lobbyists and how grassroots initiatives can contribute to effective messaging. | *Delicia Pruitt, MD, MPH, FAAFP, Family Physician, CMU Medical Education Partners, Vice-Chair of MAFP Advocacy Committee (Saginaw, MI) and Emily Henderson, Government Affairs Consultant, McCall Hamilton (Lansing, MI)*



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9

AGENDA

SUNDAY, July 19

6:30 – 11:35 am

Conference Registration & Information Desk Open

6:30 – 7:30 am

Integrating Medical Acupuncture into Clinical Practice

CME+ CL

Acupuncture is a safe and effective treatment for a number of maladies for more than 3,000 years. This presentation will trace the history of acupuncture from its roots in China to present day evidence based medical acupuncture, which is now practiced exclusively by physicians. We will review the evidence supporting acupuncture's effectiveness, demonstrate several basic protocols, outline the steps to becoming a medical acupuncturist, and discuss reimbursement strategies for this valuable therapeutic intervention. | *Jonathan Reitzenstein, MD, Family Medicine Physician, Michigan State University College of Human Medicine - Grand Rapids Secchia Campus (Grand Rapids, MI).* **Contributes toward the State of Michigan's CME requirement for medical licensure for pain and symptom management.**

8:30 – 9:30 am

Beyond the Smoke: A Practical Approach to Vaping & Tobacco Use

CME+ CL

This presentation reviews the evolving landscape of nicotine addiction, emphasizing both traditional smoking and the rise of electronic nicotine delivery systems (ENDS). It highlights the epidemiology and health harms of tobacco, explains how vaping devices function, and contrasts their risks with cigarettes. In a case-based format, the presenters will review diagnostic criteria for nicotine use disorder and provide evidence-based cessation strategies, including pharmacotherapy, behavioral counseling, and self-management resources. The presentation also emphasizes best practices for provider-patient conversations, motivational interviewing, and harm reduction. | *Kari Beth Watts, DO, FAAFP, Assistant Professor, Associate Program Director, Western Michigan University Homer Stryker M.D. School of Medicine (Kalamazoo, MI) and Glenn Dregansky, DO, FAAFP, Assistant Clinical Professor, Western Michigan University Homer Stryker M.D. School of Medicine (Jackson, MI).* **Contributes toward the State of Michigan's CME requirement for medical licensure for medical ethics.**

STUDENT & RESIDENT EVENT SCHOLARSHIPS

Scholarship Application Due June 7, 2026

SPONSOR A STUDENT / RESIDENT OR APPLY FOR A SCHOLARSHIP!

Family Medicine Foundation of Michigan's Student & Resident Event Scholarship Fund—funded 100% by donations—makes it possible for student and resident members of MAFP to attend the Michigan Family Medicine Conference & Expo to learn, network, and explore family medicine. A scholarship covers the early-bird registration fee and the included sessions and events.

Each donor is matched with a student/resident, whom they will have the opportunity to meet during the conference. Unused donations are reserved for scholarships for other Family Medicine Foundation of Michigan events, such as the Michigan Future of Family Medicine Student Conference held in the fall. Indicate your donation when you register for the conference or go to mafp.com/foundation. Every \$275 donation earns one entry ticket to the exclusive Family Medicine VIP Afterglow on Friday evening, July 17. To apply for a scholarship scan the QR code (right) or visit <https://mafp.memberclicks.net/2026ac-stu-res-scholarship-app>. The scholarships are awarded on a first-come first-served basis, and the number of scholarships available is dependent on the donations received.



AGENDA

SUNDAY, July 19 (Continued)

9:35 – 10:35 am

CME CL

Menopause: Evaluation, Diagnosis, and Treatment Options

Many family physicians struggle to manage perimenopausal and postmenopausal symptoms due to the limited, often non-standardized education on these topics in residency, resulting in persistent knowledge gaps after graduation. This activity will review best practices for assessing and diagnosing perimenopausal and postmenopausal symptoms, along with evidence-based hormonal and non-hormonal treatment options. | *Meaghan Beasley, MD, Physician, MyMichigan Health – Midland (Midland, MI)*

10:35 – 11:35 am

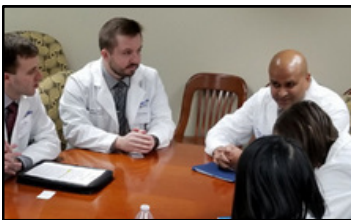
CME+ CL

What's New and What Can I Do? Ten High-Yield Substance Use Disorder Updates for the Busy Family Physician

Substance use disorder (SUD) remains a major contributor to morbidity and mortality in the U.S., yet most individuals with SUD do not receive treatment. Its impact falls disproportionately on historically marginalized communities. While we see promising trends in opioid-related mortality, substances such as kratom-related products and marijuana are growing in use, and alcohol and tobacco continue to kill more than any other substance. Family physicians are well positioned to address these troubling trends. In this co-presented session, an addiction medicine family physician and a behavioral health specialist will explore the latest shifts in substance use and provide evidence-based management strategies, focusing on high-impact skills, multidisciplinary care, and actionable point-of-care tools for everyday practice. | *Eliza Hutchinson, MD, Clinical Assistant Professor of Family Medicine and MAT Medical Director, Michigan Medicine and Packard Health (Ann Arbor, MI) and Melinda Cooper, Founder & CEO, Just Helping Out LLC; Program Manager, Community Overdose and Disease Prevention Program (Jackson, MI).* **Contributes toward the State of Michigan's CME requirements for medical licensure for pain and symptom management and implicit bias.**

11:35 am

Conference Concludes



FAMILY MEDICINE PAC

Look for opportunities throughout the conference to support your PAC—100% of our fundraising proceeds benefit this voluntary political action committee. It is only through MAFP member contributions that FMPAC can strengthen the voice of family medicine in the State Legislature and amplify your Academy's work to ensure state policies and laws protect patients, the practice of family medicine, and the specialty.



DONATE TODAY

Donate \$275 to FMPAC by 7/17/26 and receive a ticket to the exclusive Family Medicine VIP Reception.



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11

Mackinac Island Activities

For centuries, visitors have found Mackinac Island to be an amazing, ideal vacation spot. Known for the world-famous Mackinac Island fudge, historic Fort Mackinac, unique shopping, and diverse dining, Mackinac Island is a summer get-away for everyone. Check out the unforgettable sunsets, awe-inspiring sunrises, and extraordinary nightlife while you are visiting the island.

ARCH ROCK

The most famous of the rock formations on the island, this arch towers above the water and is more than 50-feet wide. It attracts the vast majority of tourists to the island and can be reached by foot, taxi, carriage, or bike.

FORT MACKINAC

Founded during the American Revolution, the British captured the fort in the very first engagement on American soil in the War of 1812. Inside, 14 original buildings, cannon salutes, bugle music, daily reenactments, and interactive displays speak of America's infancy.

THE GRAND HOTEL STABLES

With fewer than 200 Hackney horses living in America today, The Grand Hotel Stables provides a rare opportunity to see these elegant, high-stepping horses up close.

ORIGINAL BUTTERFLY HOUSE & INSECT WORLD

The original Mackinac Island Butterfly House is the first of its kind in Michigan and the third oldest live butterfly exhibit in the United States.

SOMEWHERE IN TIME GAZEBO

Mackinac Island's famous movie, *Somewhere In Time*, starring Jane Seymour and Christopher Reeves, featured a gazebo that was formerly on the grounds of The Grand Hotel.



Traveling to Mackinac Island for the first time? Download this helpful resource full of great information and travel tips.



General Conference Information

REGISTRATION RATES

Paid conference registration is required before you can book a room with The Grand Hotel. The full conference registration rate (page 14) includes:

- Access to all CME sessions
- This CME program along with the complimentary on-demand package, includes all state-mandated licensing requirements of the State of Michigan.
- Admission to the Expo Hall
- Drinks and appetizers at the Family Medicine Expo and Welcome Reception on Friday, July 17
- Expo Hall Coffee Break Experience with Exhibitors on Saturday, July 18
- Lunch during the MAFP Annual Meeting on Saturday, July 18
- Refreshments at the President's Reception on Saturday, July 18

GUEST REGISTRATION

All guests of attendees must register to participate in any ticketed events (pricing included in agenda descriptions). Payment due during online registration.

PAYMENT

Payment is required to process your registration. Payment by MasterCard, Visa, American Express, or Discover is accepted.

REGISTRATION CONFIRMATION

Once your registration has been processed, you will receive a registration confirmation email and a payment confirmation email from info@mafp.com. If you do not receive these emails within 24 hours after registering, contact Sarah Pinder at spinder@mafp.com. To help ensure you receive email from MAFP, add info@mafp.com to your safe sender's list.

CONFERENCE CANCELLATION/REFUND

Cancellation and refund requests must be submitted in writing to info@mafp.com. An administrative fee of \$50 will be deducted from all cancellations and refunds. The final date for refunds is **June 12**.

CONFERENCE MATERIALS

Hard copy materials will not be printed. All conference information will be included on the conference app, accessible for downloading in Google Play or Apple App Store. More information on downloading the conference app will be sent to you prior to the conference. You are encouraged to bring a laptop, tablet, or other mobile device to the conference and to download the conference app prior to attending the conference.

DIETARY & ACCESSIBILITY NEEDS

If you have special dietary requirements, food allergies, and/or accessibility needs, please indicate them when you register.

CONFERENCE ATTIRE

Conference attire is business casual.

Inside The Grand Hotel, prior to 6:30 pm, no midriff-baring tops, sweatpants, sleeveless shirts, or cut-off shorts. After 6:30 pm, dresses, skirts, blouses, dress sweaters, and dress slacks for ladies are preferred; gentlemen are required to wear a suit coat, necktie, and dress pants; no denim or shorts. This applies for all areas inside the hotel with exception of the Cupola Bar.

Children 12 years and older are expected to be in dress similar to adults.

CONSENT

Registration and attendance at MAFP / Family Medicine Foundation of Michigan events constitutes consent for MAFP to use and distribute (both now and in the future) the attendee's image or voice in photographs, videotapes, electronic reproductions, and audio tapes of such events and activities.

Important Reminder

Paid conference registration is required before you can book a room with The Grand Hotel. The online reservation link for The Grand Hotel will be shared in the conference registration confirmation email. Conference registration does not guarantee a room reservation with The Grand Hotel.

DATES TO REMEMBER

February 28 Conference registration early-bird rates close

May 18 Annual Meeting resolutions due to MAFP

June 15 at 5pm Last day to reserve a discounted room at The Grand Hotel

July 16 KSA: Asthma

July 18 Annual Meeting (free to members)

QUESTIONS? Contact Sarah Pinder, MAFP Director of Member Engagement, at spinder@mafp.com



#MiFamMed26

13

Registration

Register Today!

This conference is open to physicians, residents currently enrolled in family medicine residency, and students currently enrolled in medical school. Other non-physician health care professionals are not eligible to attend.

Can't attend the full conference? Customize to your schedule – one-day rates are available.

Full Conference Rate: July 17-19		Early by 2/28	Regular 3/1 - 7/16
MAFP MEMBER	FAMILY PHYSICIAN MEMBER		
	Full Conference Rate	\$625	\$675
	Daily Rate	\$275/day	\$325/day
	LIFE MEMBER		
	Full Conference Rate	\$575	\$625
	Daily Rate	\$275/day	\$300/day
NON-MEMBER	RESIDENT/STUDENT/TRANSITIONAL MEMBER		
	Full Conference Rate	\$300	\$350
	Daily Rate	\$195/day	\$220/day
	FAMILY PHYSICIAN OR OTHER PHYSICIAN NON-MEMBER		
	Full Conference Rate	\$750	\$800
	Daily Rate	\$375/day	\$400/day

(AAFP / MAFP membership is FREE for all students—apply for membership at mafp.com/medical-students)

REGISTER ONLINE:

Visit mafp.com/calendar or scan the QR code



THE GRAND HOTEL 286 Grand Avenue, Mackinac Island, MI 49757

DISCOUNTED ROOM RATES

The Grand Hotel lodging availability is limited to conference attendees only and offered on a first-come, first-served basis. The following discounted rates are for reservations made by June 15 at 5:00 pm or when our conference room block is full.

Grand King or Queen, Grand Double, or Grand Superior Double: \$414/night (includes majority of taxes and fees)

Lake View or Lake View Double: \$671/night (includes majority of taxes and fees)

RESERVE YOUR ROOM

Paid conference registration is required before you can book a room with The Grand Hotel. The online reservation link for The Grand Hotel will be shared in the conference registration confirmation email. Conference registration does not guarantee a room reservation with The Grand Hotel.

To register for the conference and reserve your room at the discounted group rate, visit www.mafp.com/calendar.

Check-in: Begins at 4 pm
Check-out: By 11 am



**Reserve Early
Rooms Will Sell Out**

